

# TAKE CONTROL OF YOUR HEALTH

## FREE Seminars

- ▶ Seminars are FREE
- ▶ Held at Phoenix Health
- ▶ Seating is limited
- ▶ Registration is required

### Phoenix Health Ministries

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### Directions

#### From Columbus

I 270 to SR 161 East (New Albany)  
SR 161 to Beech Rd exit  
Exit Right to Worthington Rd, turn left  
12998 Worthington on the left  
immediately after Sunoco

#### From Newark

SR 16 becomes SR 161 to Beech Rd exit  
Exit left to Worthington Rd, turn left  
12998 Worthington on the left  
immediately after Sunoco

[www.phoenixhealthministries.com](http://www.phoenixhealthministries.com)

#### Note:

Monday, Oct. 26  
7:30 pm to 8:30 pm

Nature's Answer to the  
Common Cold & Flu

#### Note:

Monday, Nov. 23  
7:30 pm to 8:30 pm

Say No to Drugs &  
YES to Herbs

#### Note:

Monday, Dec. 14  
7:30 pm to 8:30 pm

Cholesterol Fact  
& Myth

#### Note:

Monday, Jan. 25  
7:30 pm to 8:30 pm

Nature's Answer to  
Fibromyalgia